

Daily Express

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Treatment of the week

OXYPEEL

WHAT DOES IT PROMISE?

Despite its scary sounding name, the peel is a non invasive, chemical-free treatment which is applied like a face mask. It's apparently gentle enough to be used on babies with eczema.

Working as a natural exfoliator, the peel releases oxygen into the skin, infusing cells with much needed oxygen. It penetrates deep into the damaged basal layer to reveal a radiant, invigorated complexion.

A single treatment can provide an instant boost and a course of six can help reduce fine lines, acne scarring, pigmentation and uneven skin tone.

WHAT'S INVOLVED?

First, the city smog was removed from my face with a cleanser and mild exfoliator. The peel was then applied all over my face and neck including the delicate skin around my eyes and even my lids.

I was then left for 45 minutes during which time I was a little bored (I would have liked a hand massage or something similar to take my mind off the wait). Totally pain-free, it was applied like an ordinary clay mask and as it dried, my skin felt taut. When my time was up it was cleaned off. Simple as that.

HOW MUCH?

£70 per treatment and a course of six (£380) is recommended for people with skin disorders.

HOW LONG?

One hour.

THE VERDICT

The first thing I noticed was that my skin looked much brighter and once

I got home I noticed a lot of blackheads had surfaced. It really felt like the under-skin baddies had been forced up and out. My crows feet looked suitably reduced, too. My skin felt smooth as marble for a couple of days and although I was told to expect a little redness or dryness, I had none. Apparently it's favoured by brides and I can see why. It's a perfect pick-me-up

without any recovery time. A friend said I looked like I had come back from a relaxing holiday.



INFORMATION

I had my treatment at the Face and Body Clinic, 57 Harley Street, London (thefaceandbodyclinic.co.uk/020 7436 3936). For your nearest salon, call 0845 225 2909.

KATE BOHDANOWICZ